

## **Swimmers of the Meet**

The Senior Swimmers of the meet are selected based on their improvement at the meet as well as their dedication and effort in the practices leading up to the meet. One girl and one boy will be selected by the coaches as the Swimmer of the Meet.

### **Martin Luther King Jr. Swimmers of the Meet.**

#### **Julie Pak**

Julie had a big breakthrough weekend proving that all of her hard work in practice is finally paying off. Julie swam to best times in 6 out of 8 events and was less than a half second off her times in the other two. Julie has now qualified for Silvers in the 100 and 200 breast and is just around the corner from qualifying in the 50 and 100 free, as well as the 100 back. Keep up the great work Julie!

#### **Jake Schwartz**

Jake has been steadily improving his effort in practice and at meets all year, and this weekend was no exception as he dropped time in every event he swam. Jake's most impressive swims were in the 100 free where he posted a 57.13 dropping his best by over a second and the 100 back where Jake has improved his time over 4 seconds this year. Jake is working hard to make JO's and he's almost there!